

## **ARCH Clinic**

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**Highfield House**

**Bartons Road**

**Fordingbridge**

**SP6 1JD**

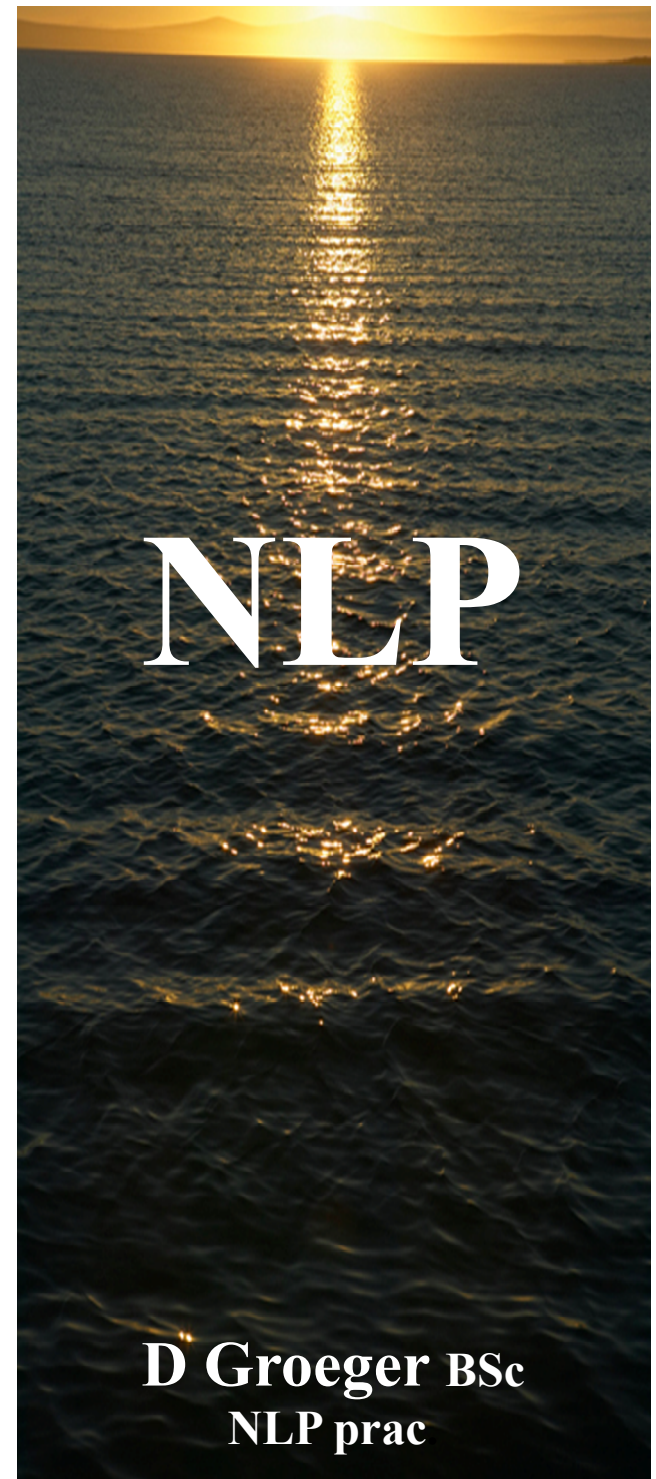
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**For further information, please email :**

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### **Neuro Linguistic Programming for help with:**

- **Fears and phobias**
- **Anxiety**
- **Grief and loss**
- **Weight loss**
- **Overcoming bad habits and compulsions**
- **Problem solving**
- **Building Self Confidence**
- **Becoming more organised**



# NLP

**D Groeger BSc  
NLP prac**

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## About NLP

Neuro Linguistic Programming (NLP) was developed by Dr Richard Bandler, an American author on modern psychological techniques. Dr Bandler became interested in the natural processes by which people make changes and how they learn. He then analyzed the steps that people took in their thinking during the process of change. By observing and modeling the way successful people think, he developed NLP. NLP is a set of tools by which people can make profound changes quickly and easily. Not only can NLP help people resolve problems such as phobias, but it can be used to help people make positive, long-term changes.

## Appointments

**Initial consultation**  
(lasting up to 1 hr)  
£50

**Subsequent sessions**  
£40

## About David Groeger

David Groeger studied NLP with Richard Bandler and John LaValle and is a licensed practitioner in NLP. He has worked as a health professional since 1984 and has been in private practice as a Chiropractor for the last 14 years.

## Further information

If you want to find out more about NLP and how it can help, contact me by email or telephone - details overleaf.

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